

**FRIENDS OF FRIENDS**  
**Medical Support Fund**  
**P.O. Box 812**  
**Langley, WA 98260**  
**(360) 221-4535**  
**fomedicalsupportfund.org**

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Enclosed is my gift of: \_\_\_\_\_

*Or donate online at fomedicalsupportfund.org*

Operating Fund     Endowment Fund

If a matching gift is available through your workplace, please enclose the paperwork.

This gift is  in honor of     in memory of:  
\_\_\_\_\_

Send a card of acknowledgment to:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

I would like to sponsor an event

I have an idea for a fundraiser

I can help with a fundraiser

Phone: \_\_\_\_\_

*Contributions are tax-deductible to the extent provided by law.*

## **NEIGHBORS HELPING NEIGHBORS**

Ways your donations have helped:

↑ Prescription medications for a senior citizen diagnosed with diabetes, heart disease, and high blood pressure.

↑ Co-pays on doctor visits for a child with multiple disabilities.

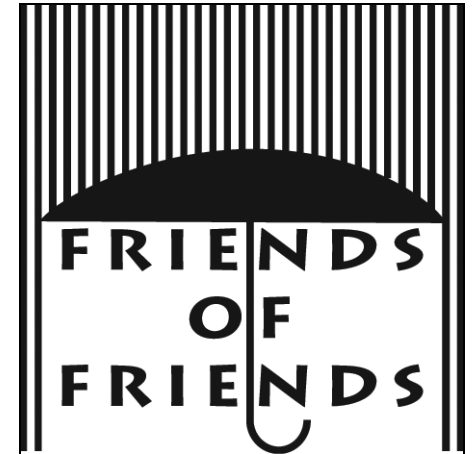
↑ Mammogram and ultrasound tests for a single working mom unable to afford health insurance.

↑ Ferry tickets and gas vouchers for someone who needed on-going treatment several days a week at a mainland hospital.

↑ Dental work for an unemployed man with acute tooth pain.

↑ Acupuncture to treat a woman for chronic pain.

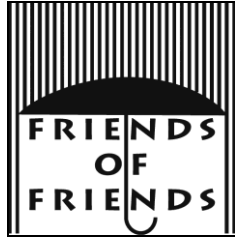
*Thank you for your generosity!*



**MEDICAL SUPPORT FUND**

*... temporary shelter from medical hardship*

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## WHAT IS FRIENDS OF FRIENDS?

We are a community-supported fund offering financial help to South Whidbey residents with medically-related expenses they cannot afford to pay. Friends of Friends limits its assistance to those living in Clinton, Freeland, Langley, and Greenbank neighborhoods.

Friends of Friends serves as a community safety net, easing the burden of unexpected medical expenses. We can help with:

- † hospital bills and lab fees
- † ferry or gas money to treatment facilities
- † prescription drugs
- † screening exams such as mammograms and Pap tests
- † some "alternative" medical treatments with some record of efficacy (like nutritional counseling, acupuncture, herbal medicine, and naturopathy).

We are guided by an all-volunteer board and one part-time paid service coordinator who performs intake evaluations and authorizes payment for services.

*Our minimal overhead keeps your donations where you intend them to go — directly helping your neighbors.*

## IT ALL ADDS UP TO HELP OUR NEIGHBORS

Friends of Friends is supported by the generosity of South Whidbey individuals, families, churches, businesses and organizations. Some ways you can help:

- † Talk about what we do—to those in need and to those who might consider contributing. Word of mouth has always been the most effective method of communication on South Whidbey.
- † Use your own special ideas and talents to raise money. Designate the proceeds from an event or a day of retail sales; arrange for a special offering at church; make it a class project; put on a bake sale; or anything else you can imagine.
- † Donate as a way to recognize birthdays, anniversaries, holidays, or other special occasions.
- † Consider making a contribution in memory of a friend or family member.
- † Sponsor one of our events.
- † Contribute to our Operating Fund. Send a small donation whenever you can. Even small amounts make a big difference.
- † Contribute to our Endowment Fund. Your contributions are invested and the income from them is added to the Operating Fund. Your endowment gift helps us provides continuing support to neighbors in need, now and in the future.

## HOW YOU CAN GET HELP

If you need help with a medical expense:

- call (360) 221-4535
- email [cjr@whidbey.com](mailto:cjr@whidbey.com)
- write

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Tell us your name, address, and a phone number where we can reach you.

## WORDS OF THANKS

*I feel very blessed to live in a community with such caring people.*

*I'd like to thank you from the bottom of my heart for all the help you have given my family this year. You have touched our lives.*

*It is a great relief to know that I will not be falling too deep into debt as a result of my sudden medical condition.*

*Your assistance and support allowed me to believe there is a way to go forward.*

*Thank you for being there when needed as "angels of mercy."*